

## Direct Support Professional – Community Activities



Community Living & Respite Services is recruiting Direct Support Professional (DSPs) to assist in providing support to adults engaging in our Community Activities programs. These activities are delivered Monday, Wednesday and Friday from 9.30am to 3.30pm.

All of our staff are expected to provide support which promotes inclusiveness, develops skills, facilitate enriching opportunities and provide assistance to help achieve personal goals. Our staff support clients within each activity to develop, maintain and improve skills, increase independence, build friendships and get involved in our community. As part of this role you may be required to provide personal care support, meal support and respond to challenging behaviours.

**Healthy Cooking Program** — This program is run on Monday & Wednesday mornings. You will be supporting people with disability to learn planning, money handling & budgeting skills, shopping, safe food handling and all of the tasks involved in cooking a meal — from choosing a recipe to plating up a meal.

**Healthy Exercise Program** - This program is run on Monday & Wednesday afternoons. These activities are led by qualified instructors. You will support adults with disability to engage in low impact exercise, including dance, light toning and group fitness.

**Pamphlet Program** - This program is run on Mondays. Your role will be to support our participants to organise and deliver advertising material to households in Echuca. This will involve supporting with collecting and collating pamphlets, developing numeracy and literacy skills, supporting communication, teaching time managament and road awareness skills.

**Out & About Program** - This program is run on Fridays. Your role will require you to support adults with disability to enjoy a range of activities and visit places of interest within the local and wider community.

The Community Activities Supervisor provides support to DSPs to enable staff to feel confident with clients when undertaking supports.











