

# COMMUNITY ACTIVITIES AND SOCIAL GROUPS

Community Activities and Social Groups operate Monday to Saturday and use 4 Percy Street Echuca 'Number 4' as a base. We have a wheelchair accessible bus and fully accessible facilities. We offer these activities and groups all year round, and do not close for term holidays.

Community Activities provide opportunities to learn new skills, be active in the community and to visit interesting places. Our community activities include Pamphlets, Healthy Cooking and Healthy Exercise.

Social Groups provide opportunities for you to meet and engage in social activities in the local community. You are supported to participate in community activities of interest to you to support you to develop and maintain friendships. Our Social Groups include Johnno's Run, Next Chapter Book Club, Out & About, Echuca Social Group and Social Butterflies.

Supported Holidays are an extension of our Social Groups and are arranged based on individual requests. Supported Holidays have included holidays to Daylesford, Ballarat, Queensland and even a South Pacific Cruise.

Our Social Groups include Johnno's Run (Monday afternoon), Next Chapter Book Club (Tuesday afternoon), Out & About (Friday), Echuca Social Group (Saturday) and Social Butterflies - group for women (Saturday) and Supported Holidays.

NDIS funding may be used to pay for the staff support that you to access community activities and social groups. Some activities have out of pocket costs.

We invite you to come and visit our friendly team and to find out more about what we have to offer. **To speak with one of our friendly team, please phone 03 5480 2388 or email [support@clrs.org.au](mailto:support@clrs.org.au)**

