

COMMUNITY News

Winter 2023 - EDITION 48

Johnno's Run - Sunday 6 August 2023



A Decade of Johnno's Run

We are so proud to reach this milestone and could not have done it without the incredible support of our local community and amazing sponsors. To everyone that has participated, fundraised, purchased raffle tickets or supported any of our fundraising events, we say thank you!

Johnno's Run first began back in 2014 with 15 participants attending Run Melbourne and by 2017 the team had grown to 210 participants. In 2022, we held our first local event in Echuca Moama with 233 participants. We would love for you to come and celebrate with us on the 6 August 2023.



A Message from our CEO

From our CEO

Welcome to the 48th edition of our newsletter.

Johnno's Run 2023 was launched in April. Can you believe it is the 10th anniversary of this fantastic event on the CLRS calendar. We are excited to celebrate this special occasion at home in our beautiful twin towns of Echuca-Moama.

We encourage everyone to register and participate in this great local event. There is a 5km, 10km and 21.1km event. All the courses are accessible and suited to people who use mobility aids.

Visit here to register - <https://clrs.org.au/johnnosrun>

If you're unable to participate but would still like to be involved, then please consider volunteering with us on event day - Sunday 6th August. It could be just 1 or 2 hours between 6am and 12pm which could make a huge difference to how well this event runs. Volunteer jobs you can help with are - helping to set up or pack down the course, help with registrations on the day, marshaling the course so people go in the right direction and handing out water, fruit, and medals.

Liz Rowsell, our Volunteer Coordinator would love to hear from you. Liz can be contacted on 03 5480 2388 or lrowsell@clrs.org.au. Check out our webpage for more information.

Johnno's Run raises funds to support our Opening Doors Project and we are very excited that construction has started on our 5th Opening Doors Project on Spoonbill Street Moama. We are so grateful to the local couple whose donation has made this whole project possible. To the 36 local businesses and tradies who have jumped on board, we cannot thank you enough for providing services, labour and materials at reduced or no cost; it's incredible. Given the cost of living challenges people and businesses are currently experiencing, makes us even more humbled by their generosity and certainly shows the power of our local community and why we love where we live! If you would like to support our Opening Doors Project, you can make a tax-deductible donation at <https://www.givenow.com.au/clrs>

As a registered provider of NDIS services, we recently underwent our assessment to make sure that we are meeting the NDIS Practice Standards and the 178 quality indicators that reflect the services we deliver. I am very proud of our staff who enabled the organisation to meet these standards and in the words of one of our auditors "really demonstrates a culture of supporting people to live their best lives". Thank you to our clients, families and community who trust us to deliver their supports every day. We are privileged to be a part of your lives.

Thank you for taking the time to read our community newsletter. I hope to see all of you at our Johnno's Run event on Sunday 6 August at the Kerrabee Sound Shell in Moama.

Thank you



Spotlight on client - Liz

From our CEO



Since moving into her new home on Barry Street in July 2022, the changes in Liz have been amazing. Liz is out walking more in the community, she has participated in a basketball adventure with some of her neighbours and she joins in with Barry Street BBQ's. Prior to Liz moving into Barry Street she was more inclined to stay at home where she would hide herself away behind a pillow or her sunglasses.

Liz now shows more joy and will tell her staff that she can't wait for them to come back to her house again. Liz has had a couple of morning or afternoon teas with her friends where they enjoy having a cuppa and a cake that Liz assists in making and they will play a hand or two of Uno. Liz engages more in cooking activities and dance parties where she will put on a wig and sing into her microphone/hairbrush. To say Liz is living her best life is an understatement.

Spotlight on staff member - Kaylene Barker

Kaylene Barker commenced employment with CLRS in August 1997 as a Direct Support Professional and has now been with our organisation for over 25 years. Over this time Kaylene has built long trusting relationships with many clients, watching children grow and develop into adults.

When asked what she enjoys most she said 'I love to see people enjoying themselves trying new experiences and seeing them interact with the wider community.'

Kaylene will be retiring in mid 2023.



We congratulate and thank Kaylene for her outstanding service and dedication and wish her all the best in her retirement.

Opening Doors Project - Spoonbill Street Update



The block on Spoonbill Street in Moama was cleared in February and set out ready for the construction of two new homes for people with disability. Andrew Milner Plumbing completed the ground works and JVC Concreting completed the concrete footings and poured the two concrete slabs in April.



Thank you to the 36 local businesses who are donating their time and resources to this Opening Doors Project. We are so grateful to have so many on board to bring these homes to life. How lucky we are to have so much support from our local community.



RESPECT

FLEXIBILITY

ACCOUNTABILITY

COLLABORATION



Thank you CIB Constructions for the wonderful work you have done building and constructing the frames for our two independent living units in Moama.



Over the next few months we will see the roof go on, the house will be wrapped and then windows will go in. We will then start working on the internal fit out. If you would like to donate to the Opening Doors Project, visit our give now page <https://www.givenow.com.au/clrs>

Johnno's Run

VOLUNTEERS NEEDED

Can you spare 1 or 2 hours to help us between 6am - 12pm on Sunday 6 August?

Volunteer roles we need help with are:

- Help with pre-event set up at the start/finish line
- Help set up & remove the on course markers
- Taking on the day registrations
- Marshalling on the day
- Help with event pack down at the start/finish line

Contact Liz Rowsell, Volunteer Coordinator on 5480 2388 ext 1611 or email lrowsell@clrs.org.au



Johnno's Run 2023

Building homes for people with disability

Sunday 6 August 2023

Kerrabee Soundshell, Moama

5km, 10km or 21.1km run, walk or wheel.

Scan to Register



NDIS Audit Results

We successfully completed our NDIS re certification assessment in May with the assessors recommending to the NDIS that we maintain our NDIS registration.

We were assessed against more than 100 quality indicators to ensure that we meet the NDIS Practice Standards. The assessors looked at our systems, policies and procedures, spoke with clients, staff and reviewed files as part of the process.

The assessors passed on feedback from our clients including:

- I'm kept informed
- My staff are patient and understanding
- Very responsive
- I feel part of the decision making process



The assessors said that CLRS strengths included - Staff that genuinely care, commitment to improving, the standard of our facilities and high levels of interaction with our clients. Next, we will complete work to improve 6 minor issues identified in the assessment and afterwards the report will go to the commission for processing.



Event Sponsor



Major Sponsors

