

RUN ECHUCA MOAMA

Building homes for people with disability



Sunday
4 August
2024

WELCOME

Thank you for registering for Run Echuca Moama. All funds raised from this event go to our [Opening Doors Project](#) - building homes for people with disability.

In case of emergency, please contact Event Director - Leah Taaffe - 0408 018 910. Make sure to leave a message.



EVENT TOP COLLECTION

If you ordered an event top or visor when you registered, these will be available for collection on the below days/times and locations.

Event Merch Collection Details		
DAY/DATE	TIMES	COLLECT FROM
Tues 30 Jul	8.30am - 5.30pm	Worklocker Echuca - 130 Hare Street Echuca)
Wed 31 Jul	8.30am - 5.30pm	Worklocker Echuca - 130 Hare Street Echuca)
Thurs 1 Aug	8.30am - 5.30pm	Worklocker Echuca - 130 Hare Street Echuca)
Fri 2 Aug	8.30am - 5.30pm	Worklocker Echuca - 130 Hare Street Echuca)
Sat 3 Aug	9am - 12 noon	Worklocker Echuca - 130 Hare Street Echuca)
Sat 3 Aug	12.30pm - 3pm	Community Living & Respite Services Office - 26A Percy Street Echuca
Sun 4 Aug (event day)	From 7.00am	Race HQ - Kerrabee Sound Shell in Moama (Worklocker Marquee) Cnr Blair & Meninya Streets Moama.

RACE BIB & TIMING BAND COLLECTION

These can be collected on the following days and times. Keep an eye out for the signs (pictured on next page).

Race Bib & Timing Band Collection		
DAY/DATE	TIMES	COLLECT FROM
Sat 3 Aug	12.30pm - 3pm	Community Living & Respite Services Office - 26A Percy Street Echuca
Sun 4 Aug (event day)	From 7.00am	Race HQ - Kerrabee Sound Shell in Moama (Worklocker Marquee) Cnr Blair & Meninya Streets Moama.



COURSE MAPS

These can be viewed on the Run Echuca Moama page on our website.

Click here www.clrs.org.au/runechucamoama for all course maps (including Strava maps showing elevation). Or individual print ready pdf's via the links below.

[21.1km Route Map](#)

[10km Route Map](#)

[5km Route Map](#)

REGISTRATIONS NUMBERS

We currently have 465 registrations and we are thrilled with the numbers - 100 more than last year's event. With a week to go, we're hoping to reach 500 registrations.

21.1km = 156

10km = 122

5km = 161

Junior Bolt (400m) = 15

Junior Bolt (800) = 11



RACE START TIMES & PRE RACE WARM UP

- 21.1km - starts at 8am (pre-race warm up at 7.45am)
- 10km - starts at 8.45am (pre-race warm up at 8.30am)
- 5km - starts at 9.30am (pre-race warm up at 9.15am)
- Junior Bolt - starts at 10.30am



Our friends at SNAP Fitness Echuca will be conducting the pre-race warm up.

RACE DAY SUPPORT

On the day, you will see a number of high-vis vests in a few different colours. They represent the following;



Chief Marshal
Leah Taaffe - CLRS CEO
0408-018-910



First Aid Officer



Deputy Marshal
Rod Cairns

Race HQ Support
Gill Noelker



Support Crew
Various volunteers on race day including:
Marshals & Race HQ.
Some marshals will be in orange high-vis vests

ACCOMMODATION DISCOUNT

Our friends at Murray River Holiday Park, which is located directly opposite the race hub, are offering participants a 20% discount when booking direct with them.

Give Bianca a call to book your cabin before they sell out. **1800 357 215** and don't forget to mention the discount code below.



GET 20% OFF ALL CABINS
FOR RUN ECHUCA MOAMA WEEKEND WHEN YOU
BOOK WITH MURRAY RIVER HOLIDAY PARK

Mention discount code **"EMRUN"**
when making a booking direct us with.

Located at 2 Blair Street Moama
(right out the front of the start finish line)

T&C's: Receive 20% discount on all cabin types when you book with us for the weekend of Friday 2nd/ Saturday 3rd or Sunday 4th August 2024. Not in conjunction with any other discounts including the G'Day Discount, booking must be booked directly with us via phone, not available with any OTA bookings, discount only available for 2/3/4th August 2024 only, booking payment to be paid in full upfront, no refunds or credits or date changes available).

PARKING

There will be limited parking at the race hub, however there is plenty of parking options within a short walk from Race HQ.

Click on the link to see the parking area map and Race HQ.

[Parking Map](#)

COFFEE & FOOD/DRINKS

One of our Major Sponsors, Beechworth Bakery, will be onsite with their delicious egg & bacon rolls, donuts and cold drinks for sale.

There will also be a coffee cart there from 'Let's Do Coffee' for your caffeine hit.

What is the Opening Doors Project

The Opening Doors Project builds specialist disability housing; a mix of accommodation catering for people who require assistance 24 hours a day or those who can use assistive technology to live a more independent life.

All funds raised from Run Echuca Moama goes towards the Opening Doors Project.

CLRS is grateful for the strong support of our corporate and community partners who have enabled us to grow and provide invaluable services for people with disability.





Community Living
& Respite Services

**RUNECHUCA
MOAMA**
Building homes for people with disability



Presents the

JUNIOR BOLT

**SUNDAY 4 AUGUST 2024
10.30AM**

(Junior Bolt event will commence at the completion of the 5km event)

Kerrabee Sound Shell Moama

Cost – \$5 prior to event or \$10 on the day

Age Groups

5 – 7 yrs old – 400m

8 – 10 yrs old – 800m

PRIZES for 1st, 2nd & 3rd male & female in both events

To Register – www.clrs.org.au/runechucamoama

HOODIES, LONG SLEEVE TEE & CREWNECKS

Our friends at Echuca Printers are once again doing their hoodie fundraiser for Run Echuca Moama. If you would like to purchase a hoodie (\$55), crewneck (\$55) or long sleeve tee (\$45) please contact Nick and Chris Lee at Echuca Printers on (03) 5480- 1307 or email them directly at info@echucaprinters.com.au

They will also be taking orders on race day. Forms will be available at Race HQ. Items won't be available until a week or two after the event.

Echuca Printers

2024 Hoodie Fundraiser



FRONT



Hoodie \$55

Long Sleeve
Shirt \$45

Crewneck \$55

BACK



Same back design
on all garments

Echuca Printers Hoodie Fundraiser for Run Echuca Moama, raising funds for the Opening Doors Project

Hoodies: \$55
Crewneck: \$55
Long Sleeve Tees : \$45

To Order: (Please note payment MUST be made when placing order, EFTPOS available).

ECHUCA PRINTERS: 20 Hovell Street, Echuca. Ph 5480 1307.
Email: info@echucaprinters.com.au

ORDERS CLOSE: **FRIDAY 12TH JULY** (BACK INTIME FOR THE EVENT)
TUESDAY 6TH AUG (AFTER THE EVENT)

Proceeds go to the Opening Doors Project.

RACE DAY PHOTOGRAPHY & FILMING

We will have a number of photographers on the course and at the race hub. We also have our Major Sponsors, Radiant Media Productions, taking video footage and drone footage on the day.

If you don't wish for your photo to be used, please let us know as soon as possible before the event or on race day, at Race HQ we can give you a coloured wrist band to wear.



EVENT PHOTOGRAPHY INFORMATION



Photos will be taken today at Run Echuca Moama by our event photographers along the event course for the 21.1km, 10km, 5km, Junior Bolt and the event hub at the Kerrabee Soundshell Moama.

By attending this event you agree to being filmed or photographed. These images may be used for Community Living & Respite Services marketing, social media coverage and or promotional purposes.

If you do not want to be photographed please advise us at Race HQ and you will be given a coloured wristband so photographers can identify you. Alternatively you can email us with your bib number and name to events@clrs.org.au

SPONSORS

Thank you to our wonderful sponsors of Run Echuca Moama 2024. Without them this event wouldn't be possible.

Please support our local sponsors wherever possible.

EVENT SPONSOR



MAJOR SPONSORS



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Join the Facebook Group:



Run Echuca Moama

Thank you for your support of
Community Living & Respite Services
and helping to build homes for people
with disability.

CONTACT DETAILS

26A Percy Street Echuca
Phone 03 5480-2388
events@clrs.org.au
www.clrs.org.au