

COMMUNITY News

SPRING 2024 - EDITION 53



RUN ECHUCA MOAMA 2024

Sunday 4 August was Run Echuca Moama 2024. We had 617 people register for the event, a new record up from 350 people last year!!!

We had a 21.1km 10km, 5km and 800m and 400m Junior Bolt events on the day. The unique and beautiful course weaved its way through both towns, Echuca and Moama, and both states, Victoria and NSW. It was amazing to see so many people out and about enjoying themselves.

We raised a remarkable total of \$50,552. We are so thrilled with this fantastic outcome. The money raised goes to our Opening Doors Project - building homes for people with disability.



A Message from our CEO

Welcome to our Spring 2024 Community News.

I would like to say a very big thank you to the Run Echuca Moama 2024 Event Sponsor; Moama Bowling Club, and our Major Sponsors; Riverine Herald, Worklocker Echuca, Cosgriff Lawyers, 102.5 Edge FM, Fast Finish Event Timing, Radiant Media Productions, Revolution Print, EDG.Space and Beechworth Bakery. Without their critical support and our 74 volunteers our event would not happen. Thanks to our sponsors support our event has grown significantly since 2022 when we first brought it home from Melbourne to Echuca Moama.



Leah Traff

An important week in October is National Carers Week, 13 – 19 October 2024. The theme for National Carers Week 2024 is “Care for a Carer”. The aim is to encourage people to check in and connect with a carer in their own lives. We know that at times, being in a care relationship can leave people more socially isolated. More than one in ten Australians are carers. National Carers Week provides you with a chance to show your appreciation for Australia’s 2.65 million carers.

Here at CLRS we deeply appreciate the relationship of trust we have with many carers in our community. We are privileged to be in this trusted position, and would like to acknowledge how significant the support is that carers provide to their family members, friends and partners. Carers need to have support available to them also and this can be accessed through the following organisations:

- [Carer Gateway](#) provides a range of supports and services to carers around Australia, including information and advice, peer support, free counselling, coaching and training. Each region in Australia has a Carer Gateway service provider, which can let you know what supports and services are available in your area.
- [Carers Australia](#) has a range of resources available on their website, Carers Australia, which will help you learn more about the NDIS and general carer wellbeing.
- Carers under the age of 25, can find a range of supports and services, including the Young Carer Bursary program, on the [Young Carers Network](#).

Our AGM will be taking place on October 17th.

I hope to see many of you there.

Thank you all for reading our newsletter.



You're invited to our 45th
Annual General Meeting
Thursday 17 October 2024

Commencing at 7pm
Echuca Workers, 165-171 Annesley Street Echuca

Followed by:
Staff Years of Service Awards

Light refreshments served prior to the meeting from 6.15pm.
ALL WELCOME

RSVP – Ph: 5480 2388 / Email: events@clrs.org.au



Volunteers at Run Echuca Moama

Thank you to every person who volunteered at Run Echuca Moama on Sunday 4 August. We had 74 people who registered to volunteer and it was amazing! We couldn't do it without the volunteers! The fencing around Moama Soundshell went up and down in record time and the participants loved the support of the marshals on course. The team in Race HQ were amazing and got everyone checked in and on the course in lightning speed.

A special mention to Brady Threlfall who set up the courses, Rod Cairns, Gillian Noelker, Annie Gilbert, Liz Rowsell, Leah Taaffe and Steven Loader who are the working group who help put everything together. Thank you also to those that loaned equipment for the event.



Lead bike - Troy Griffiths and Lenny Griffiths



Volunteers Pauline Gordon, Kaye Mason, Steven Loader & Anna Marks



Volunteer Photographers Mal Baker, Pam Pengally, Robyn Ryan, Richard Bailey & Kevin Russell



EDGE FM volunteers Doug & Angie Parker



CLRS Treasurer - Erin Langman



Run Echuca Moama 2024 Registration Tent



Brady Threlfall

RUN ECHUCA MOAMA

Building homes for people with disability



21.1km event start line at Run Echuca Moama 2024



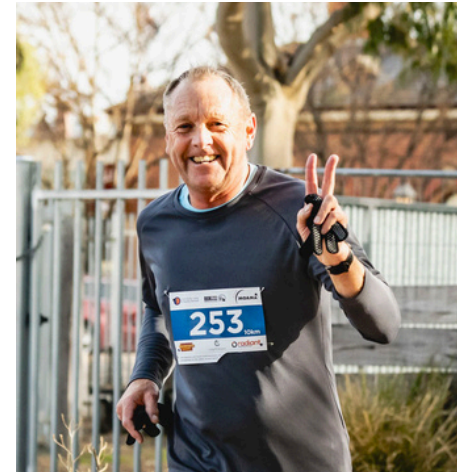
Nathan Dri & Jins Joseph



Ben & Kate De Kleuver



Moama Anglican Grammar Drumline



Wayne Norwood



Anna Bonomini



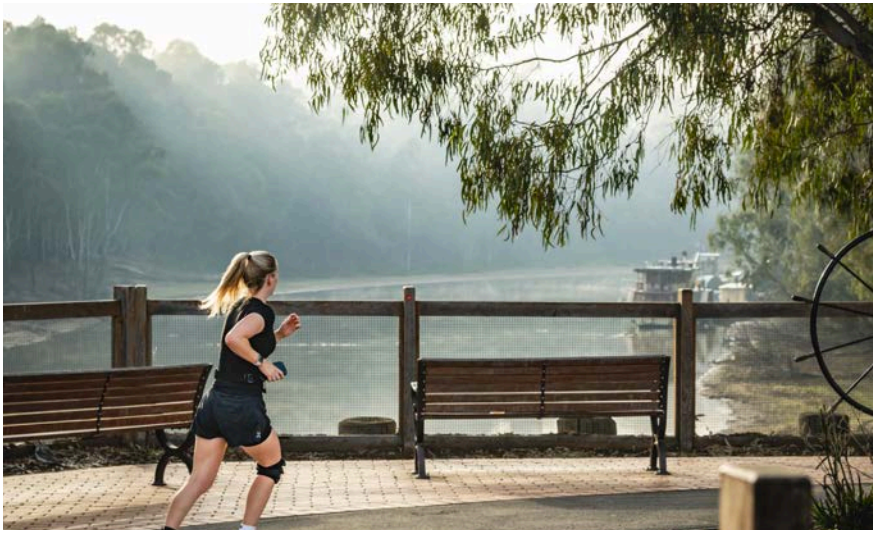
Phil Powderly & Troy Quinlan

RESPECT

FLEXIBILITY

ACCOUNTABILITY

COLLABORATION



Running past the Murray River and Paddlesteamer



Mila Palmer is only 12 years old and she finished 2nd Female in the 10K event



Luke Young and his family



Sisters Katelyn, Sophie & Matilda Eddy came 2nd, 3rd & 4th in the 5K event



Bruce Maunganidze



Deb Oswald & Vicki Cornwell



Darren Cowan

Specialist Disability Accommodation Vacancy - Echuca

Property ID: 64ES



This purpose-built home is owned by Community Living & Respite Services (CLRS) and staff support is provided by CLRS. The property is architecturally designed to the High Physical Support level of Specialist Disability Accommodation. This home has 5 bedrooms, 2 bathrooms, a kitchen with an open plan dining and living area. There is a second living room that can be closed off for privacy. A covered outdoor living space connects the home to a separate activities room which has its own small kitchenette and toilet. The home is situated in a quiet residential area within easy distance to the town centre.

The current tenants receive supports tailored to their needs. This includes planning to empower them to work towards their goals. They enjoy independence and community-based activities.

Inspection time - By Appointment only.

For more information or to register your interest for an inspection please

Email - sdacoordinator@clrs.org.au

Accessibility and room Information

Fully wheelchair accessible.

The vacant room is carpeted and has built in robes, air conditioning and heating.

Features of the current support model

Staff support is on site 7 days a week with 2 staff at various times. The house is staffed overnight (sleepover model). Current staff have skills and experience to support people with behaviours of concern, intellectual disability and Prader Willi Syndrome.

Current Tenant Age Range

Age range of the current tenants in the house, is 44-65 years old.

Factors to consider if you are interested in applying

- The applicant is aged 18 years or over.
- The applicant is eligible for and is able to secure an appropriate level of NDIS funding.
- Building type for this house is Group home.
- Design Category for this house is High Physical Support.
- The applicant has the financial means to pay rent and utilities and is prepared to sign (or for a representative to sign) a residential agreement.

